



**GILLIAN'S  
PLACE**

**FEBRUARY  
NEWSLETTER**



**This Valentine's Day, support love that heals.**

At Gillian's Place, we believe that love should bring safety, respect, and kindness - not fear or pain. Unfortunately, for many impacted by gender-based violence, love can feel dangerous instead of comforting.

Abuse has no place in any relationship. Love should never be used as an excuse for control, manipulation, or harm. Healthy relationships are built on trust, equality, and mutual support.

This Valentine's Day, let us commit to spreading awareness about the importance of safe and loving relationships, and support survivors as they reclaim their lives. I invite you to consider supporting our 24/7 work by joining our family of monthly supporters. Making a monthly gift that is meaningful and manageable for you has a powerful collective impact on those we are entrusted to protect and support.

If you or someone you know is in need of support, Gillian's Place is here for you. Love is meant to empower, never to harm.

Warmly,

Nicole Regehr  
Executive Director

**Make your  
monthly impact  
HERE**

## February is Teen Dating Violence Awareness Month

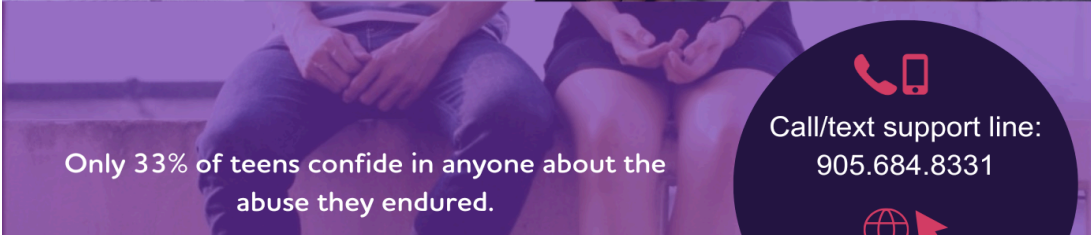
45% of Canadian teens report experiencing dating violence by age 15.



71% of youth report being in a dating relationship by the age of 15.



Only 33% of teens confide in anyone about the abuse they endured.



Call/text support line:  
905.684.8331



[gilliansplace.com](http://gilliansplace.com)

## COMMUNITY-HOSTED EVENTS



### St. Catharines Road Runners Valentine's Day 5K Run

Sunday, February 15th

The St. Catharines Road Runners are hosting their annual Valentine's Day 5K Run in support of Gillian's Place.

[CLICK HERE TO REGISTER.](#)



### Misfit Market

Sundays from Jan. 5th - April 20th at  
Mahtay Café

Grab a coffee, support the café, and check out the amazing vendors at the Misfit Market. 10% of proceeds will be donated directly to GP.

[CLICK HERE FOR MORE INFO.](#)



### Merritton Lions Club Trivia Night

Saturday, February 22nd

The Merritton Lions Club is hosting a trivia night in support of Gillian's Place! Gather your team for a fun-filled night and chances to win great prizes!

[MORE INFORMATION HERE.](#)



### Host an Event

Hosting an event for Gillian's Place is a powerful way to support survivors of gender-based violence. Each year, we must raise over \$1 million to sustain our life-saving programs. Your fundraiser, big or small, can provide safe shelter, vital resources, and hope to those in need.

Register  
Your Event  
Here!

## REMEMBERING GAYE





We are deeply saddened by the passing of Joan "Gaye" Musselman. As one of our first volunteers, and later an employee, Gaye played a vital role in shaping our organization. Gaye helped raise funds for our first eight-bed shelter and worked with the Niagara Regional Police to improve domestic abuse investigations. Her dedication shaped Gillian's Place into what it is today and we are so grateful for her commitment and compassion.

**We're more than shelter.  
We're here 24/7.**

Call/Text: **905.684.8331**

**Join the conversation.**

 GilliansPlace  @gilliansplace\_sc

 @gilliansplace  Gillian's Place

 gillians-place



A Proud Partner of...



PO Box 1387, L2R 7J8, St. Catharines, Canada

Powered by:

