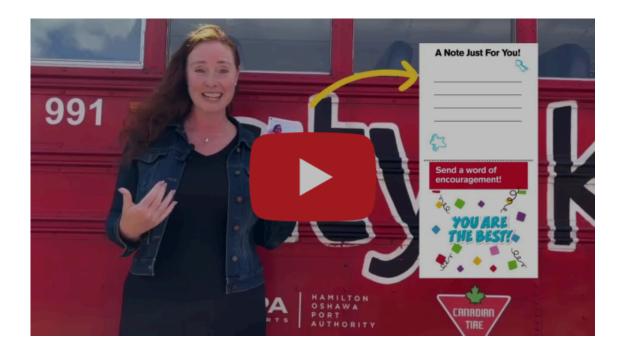


Hi Tintern,

Our fall season kicks off this week!

When kids step off the Big Red Bus, they'll find laughter, learning, belonging and a meal. Over 3,700 meals will be served—fueling hope and life-changing programming all season long.

Watch our season update from Laura, Associate Executive Director of CityKidz.



With your monthly support, children and youth across Hamilton will ride the Big Red Bus, enjoy a meal with friends, explore the world around them and discover the important part they play in it.

Thanks for being a part of our Community of Hope!

Sincerely, Lisa

P.S. Support our fall programs. Return your notecard with a word of encouragement, and we'll include it in the meal bags.



CityKidz (Grades 1–6)
Together in our studio theater kids
will explore big ideas like *kindness*,



CityYouth & Roadmaps to Dreams (Grades 7–12)
With their mentors, youth will be

perseverance, and dreaming big through stories, games, and songs in a world designed just for them.

building real-life skills through sessions like Leading with Empathy, Resume Writing, Understanding Finances and Navigating Friendships.

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